

# NOVEMBER/NOVIEMBRE 2025



MONDAY LUNES	TUESDAY MARTES	WEDNESDAY MIÉRCOLES	THURSDAY JUEVES	FRIDAY Viernes	SATURDAY SÁBADO
					Shadow Hills HS 39225 Jefferson St. Indio 8:00am-10:00am  Aqua Caliente 30800 San Luis Rey Cathedral City 9:00am-10:00am
Coachella Valley HS 83800 Airport Blvd. Thermal 11:00am-12:00pm	4 Copper Mountain 6162 Rotary Way Bell Center Parking Lot Joshua Tree 9:00am-10:00am	5	P.S. James O. Jessie Desert Highland 480 W. Tram View Palm Springs 4:00pm-6:00pm	7 Oasis Elementary 88175 74th Ave. Thermal 4:00pm-6:00pm	8 Southwest Church 44175 Washington St, Indian Wells 7:00am-9:00am  Anza 58470 CA 371 Anza 9:00am-11:00am
Mecca Elementary 65250 Coahilla St Mecca 4:00pm-6:00pm	11	West Shores 2381 Shores Hawk Salton City 8:00am-10:00am	13 Palm Springs Convention Center 277 N Avenida Caballeros Palm Springs 4:00pm-5:30pm	Oasis Elementary 88175 74th Ave Thermal 4:00pm-6:00pm	Mathis Bros 81410 Hwy. 111 Indio 6:30am-8:30am
17	18 Sky Valley 20905 Hot Springs Rd. Desert Hot Springs 4:00pm-5:00pm	19 Desert Mirage HS 86150 Ave 66th Thermal 4:00pm-6:00pm	P.S. James O. Jessie Desert Highland 480 W. Tram View Palm Springs 4:00pm-6:00pm	21 Las Flores Park 48400 Van Buren St. Coachella 7:00am-9:00am	La Quinta Library (Seniors Only) 78275 Calle Tampico La Quinta 7:00am-9:00am
Cabot Yerxa Elementary 67076 Desert View Ave Desert Hot Springs 9:00am-11:00am	North Shore Community Park 99480 70th Ave. Mecca 4:00pm-6:00pm	26 Cabazon Community Center 50390 Carmen Ave Cabazon 10:00am-11:00am  Palm Desert HS 74910 Aztec Rd Palm Desert ' 4:00pm-6:00pm	FIND CLOSED IN OBSERVANCE OF HOLIDAY	FIND CLOSED IN OBSERVANCE OF HOLIDAY	29

# IS THIS FOOD EXPIRED?

### UNDERSTANDING DATE LABELS

The dates that food companies put on packages are not regulated and do not mean that the food is unsafe to eat, except in the case of baby formula. Most foods are still tasty and nutritious after the date has passed. Not sure if food is spoiled? Check for off odor, flavor, or texture.

## "BEST BY" OR "BEST IF USED BY" DATE

This date tells you when the food will have the **best flavor**. It is **still safe to eat** past this date.

## **"USE BY" OR "EXPIRATION" DATE**

This is the last date that the product will be at its **peak quality**. It is still safe to eat past this date (except for baby formula).

# "PACKING/MANUFACTURING" DATE

This is the used by manufacturers for tracking.

It is not an expiration date - it is not related to food quality or safety.

# "SELL BY" DATE

This tells the store how long to display the product for sale.

It is **still safe to eat** past this date.

#### GOOD FOR UP TO ONE YEAR AFTER THE DATE:

- · Packaged food like cereal, pasta, dried beans, and backing beans
- Frozen foods
- Canned goods including soup, condiments, meat, fruit, and vegetables

#### **GOOD FOR UP TO 30 DAYS AFTER THE DATE:**

- Butter
- Frozen foods
- Eggs

#### **GOOD FOR UP TO 7 DAYS AFTER THE DATE:**

- Milk
- Yogurt
- · Cream Cheese

# Contact List for Resources and Services

#### **Outreach Manager**

Guillermina Cano 760.835.5173 gcano@findfoodbank.org Se Habla Español

#### **Outreach Associate**

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#### **Outreach Associate**

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#### **Volunteer Program Coordinator**

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Scan to visit our website for more information

