

MONDAY LUNES	TUESDAY MARTES	WEDNESDAY MIÉRCOLES	THURSDAY JUEVES	FRIDAY VIERNES	SATURDAY SÁBADO
			1	2 La Quinta Library <b>SENIORS ONLY</b> 78275 Calle Tampico La Quinta 7:00am-8:00am	3 Shadow Hills HS 39225 Jefferson St. Indio 8:00am-10:00am  Aqua Caliente 30800 San Luis Rey Cathedral City 9:00am-10:00am
5 Summerfield 83385 Gemini Indio 3:30pm-5:30pm	6 Copper Mountain 6162 Rotary Way Bell Center Parking Lot Joshua Tree 9:00am-10:00am	7 Horizon High School 43330 Palm Royale Dr La Quinta 10:00am-11:00am  Mountain View Estates 68990 Harrison St. Thermal 4:00pm-5:00pm	8 <b>Palm Springs Convention Center</b> 277 N Avenida Caballeros Palm Springs 4:00pm-5:30pm	9 Oasis Elementary 88175 74th Ave Thermal 4:00pm-6:00pm	10 D.A.P. 1695 N. Sunrise P.S. 9:00am-10:00am  Anza 58470 CA 371 Anza 9:00am-11:00am
12 Mecca Elementary 65250 Coahilla St Mecca 4:00pm-5:00pm	13 Coachella DRD SENIORS ONLY 51723 Douma St. Coachella 7:00am-8:00am	14 West Shores 2381 shores Hawk Salton City 8:00am-9:00am	15 <b>P.S. James O. Jessie Desert Highland</b> 480 W. Tram View Palm Springs 4:00pm-5:30pm	16 Palm Desert HS 74910 Aztec Rd Palm Desert 5:00pm-6:00pm	17 First AME Church 43601 Saguaro Indio 7:00am-8:30am
19 Palm Desert DRD 43900 San Pablo Palm Desert 4:00pm-5:00pm	20 Sky Valley 20905 Hot Springs Rd. Desert Hot Springs 4:00pm-5:00pm	21 Desert Mirage HS 86150 Ave 66th Thermal 4:00pm-5:00pm	22 Coachella Valley HS 83800 Airport Blvd. Thermal 9:00am-10:00am  P.S. James O. Jessie Desert Highland 480 W. tram View Palm Springs 4:00pm-5:30pm	23 Las Flores Park 48400 Van Buren St. Coachella 8:00am-9:00am  Oasis Elementary 88175 74th Ave. Thermal 4:00pm-6:00pm	24 Mathis Bros 81410 Hwy. 111 Indio 6:30am-8:30am  La Quinta Library 78275 Calle Tampico La Quinta 7:00am-8:00am
26 <b>FIND CLOSED IN OBSERVANCE OF HOLIDAY</b>	27 North Shore Community Park 99480 70th Ave. Mecca 4:00pm-5:00pm	28 Cabazon Community Center 50390 Carmen Ave Cabazon 10:00am-11:00am  Della Lindley Elementary 31495 Robert Rd Thousand Palms 4:00pm-5:00pm	29	30	31

\*Lines open 1 hour prior to scheduled time of distribution. Please DO NOT arrive earlier. Thank you.

\*Las líneas se abren 1 hora antes de la hora programada de distribución. Por favor, NO llegue antes. Gracias.

# IS THIS FOOD EXPIRED?

## UNDERSTANDING DATE LABELS

The dates that food companies put on packages are not regulated and do not mean that the food is unsafe to eat, except in the case of baby formula. Most foods are still tasty and nutritious after the date has passed. **Not sure if food is spoiled? Check for off odor, flavor or texture.**

### “BEST BY” OR “BEST IF USED BY” DATE

This date tells you when the food will have the **best flavor**. It is **still safe to eat** past this date.

### “USE BY” OR “EXPIRATION” DATE

This is the last date that the product will be at its **peak quality**. It is **still safe to eat** past this date (except for baby formula).

### “PACKING/MANUFACTURING” DATE

This is the used by manufacturers for tracking. It is **not an expiration date** – it is not related to food quality or safety.

### “SELL BY” DATE

This tells the store how long to display the product for sale. It is **still safe to eat** past this date.

#### **GOOD FOR UP TO ONE YEAR AFTER THE DATE:**

- Packaged food like cereal, pasta, dried beans, and backing beans
- Frozen foods
- Canned goods including soup, condiments, meat, fruit, and vegetables

#### **GOOD FOR UP TO 30 DAYS AFTER THE DATE:**

- Butter
- Frozen foods
- Eggs

#### **GOOD FOR UP TO 7 DAYS AFTER THE DATE:**

- Milk
- Yogurt
- Cream Cheese

# Contact List for Resources and Services

#### **Outreach Supervisor**

Guillermina Cano  
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Se Habla Español

#### **Community Health Worker**

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#### **Outreach Associate**

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#### **Outreach Associate**

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#### **Volunteer Program Coordinator**

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Scan to visit our website  
for more information

