

JULY/JULIO 2024



MONDAY LUNES	TUESDAY MARTES	WEDNESDAY MIÉRCOLES	THURSDAY JUEVES	FRIDAY VIERNES	S A T U R D A Y S Á B A D O
Summerfield 83385 Gemini Indio 3:30pm-5:30pm	Copper Mountain 6162 Rotary Way Bell Center Parking Lot Joshua Tree 9:00am-10:00am	Horizon High School 43330 Palm Royale Dr La Quinta 11:00am-12:00pm Mountain View Estates 68990 Harrison St. Thermal 5:00pm-6:00pm	FIND CLOSED IN OBSERVANCE OF HOLIDAY	5 La Quinta Library SENIORS ONLY 78275 Calle Tampico La Quinta 8:00am-9:00am	6 Shadow Hills HS 39225 Jefferson Indio 8:00am-10:00am Aqua Caliente 30800 San Luis Rey Cathedral City 9:00am-10:00am
Mecca Elementary 65250 Coahilla St Mecca 4:00pm-5:00pm	9 Coachella DRD SENIORS ONLY 51723 Douma St. Coachella 8:00am-9:00am	10 West Shores 2381 shores Hawk Salton City 8:00am-9:00am	11 P.S. James O. Jessie Desert Highland 480 W. Tram View Palm Springs 5:00pm-6:30pm	12 Cabazon Community Center 50390 Carmen Ave Cabazon 9:30am-10:30am Oasis Elementary 88175 74th Ave Thermal 4:00pm-6:00pm	D.A.P. 1695 N. Sunrise P.S. 9:00am-10:00am Anza 58470 CA 371 Anza 9:00am-11:00am
Palm Desert DRD 43900 San Pablo Palm Desert 4:00pm-5:30pm	16 Sky Valley 20905 Hot Springs Rd. Desert Hot Springs 4:00pm-5:30pm	Desert Mirage HS 86150 Ave 66th Thermal 5:00pm-6:00pm	18 Palm Springs Convention Center 277 N Avenida Caballeros Palm Springs 5:00pm-6:30pm	Palm Desert HS 74910 Aztec Rd Palm Desert 5:00pm-6:30pm	First AME Church 43601 Saguaro Indio 7:00am-9:00am
Cabot Yerxa Elementary 67076 Desert View Ave Desert Hot Springs 10:00am-11:00am	North Shore Community Park 99480 70th Ave. Mecca 4:00pm-5:00pm	Della Lindley Elementary 31495 Robert Rd Thousand Palms 5:00pm-6:30pm	25 Coachella Valley HS 83800 Airport Blvd. Thermal 9:00am-10:00am P.S. James O. Jessie Desert Highland 480 W. tram View Palm Springs 5:00pm-6:30pm	Las Flores Park 48400 Van Buren St. Coachella 8:00am-9:00am Oasis Elementary 88175 74th Ave. Thermal 4:00pm-6:00pm	27 La Quinta Library 78275 Calle Tampico La Quinta 8:00am-9:00am Mathis Bros 81410 Hwy. 111 Indio 6:30am-8:30am
29	30	31			

IS THIS FOOD EXPIRED?

UNDERSTANDING DATE LABELS

The dates that food companies put on packages are not regulated and do not mean that the food is unsafe to eat, except in the case of baby formula. Most foods are still tasty and nutritious after the date has passed. Not sure if food is spoiled? Check for off odor, flavor or texture.

"BEST BY" OR "BEST IF USED BY" DATE

This date tells you when the food will have the **best flavor**. It is **still safe to eat** past this date.

"USE BY" OR "EXPIRATION" DATE

This is the last date that the product will be at its **peak quality**. It is still safe to eat past this date (except for baby formula).

"PACKING/MANUFACTURING" DATE

This is the used by manufacturers for tracking.

It is not an expiration date – it is not related to food quality or safety.

"SELL BY" DATE

This tells the store how long to display the product for sale.

It is **still safe to eat** past this date.

GOOD FOR UP TO ONE YEAR AFTER THE DATE:

- Packaged food like cereal, pasta, dried beans, and backing beans
- Frozen foods
- Canned goods including soup, condiments, meat, fruit, and vegetables

GOOD FOR UP TO 30 DAYS AFTER THE DATE:

- Butter
- Frozen foods
- Eggs

GOOD FOR UP TO 7 DAYS AFTER THE DATE:

- Milk
- Yogurt
- · Cream Cheese

Contact List for Resources and Services

Outreach Supervisor

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Community Health Worker

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Scan to visit our website for more information

