

| MONDAY<br>LUNES   | TUESDAY<br>MARTES  | WEDNESDAY<br>MIÉRCOLES  | THURSDAY<br>JUEVES  | FRIDAY<br>VIERNES   | SATURDAY<br>SÁBADO  |
|---|--|---|---|---|---|
|   |  |   |   | 1<br>La Quinta DRD<br>SENIORS ONLY<br>77865 Ave<br>Montezuma<br>La Quinta<br>8:00am-9:00am  | 2<br>Aqua Caliente<br>30800 San Luis Rey<br>Cathedral City<br>9:00am-10:00am  |
| 4<br>Summerfield<br>83385 Gemini<br>Indio<br>3:30pm-5:30pm  | 5<br>Cooper Mountain<br>6162 Rotary Way<br>Bell Center Parking<br>Lot<br>Joshua Tree<br>9:00am-10:00am | 6<br>Horizon High School<br>43330 Palm Royale Dr.<br>La Quinta<br>11:00am-12:00pm<br>Mountain View<br>Estates<br>68990 Harrison St.<br>Thermal<br>4:00pm-5:00pm | 7<br>Palm Springs Convention<br>Center<br>277 N Avenida Caballeros<br>Palm Springs<br>4:00pm-5:30pm   | 8<br>Cabazon<br>Community Center<br>50390 Carmen Ave<br>Cabazon<br>9:30am-10:30am<br>Oasis Elementary<br>88175 74th Ave<br>Thermal<br>4:00pm-6:00pm | 9<br>Shadow Hills HS<br>39225 Jefferson<br>Indio<br>8:00am-10:00am<br>D.A.P.<br>1695 N. Sunrise P.S.<br>9:00am-10:00am<br>Anza<br>58470 CA 371 Anza<br>9:00am-11:00am |
| 11<br>Mecca Elementary<br>65250 Coahilla St<br>Mecca<br>4:00pm-5:00pm                             | 12<br>Coachella DRD<br>SENIORS ONLY<br>51723 Douma St.<br>Coachella<br>8:00am-9:00am                   | 13<br>West Shores<br>2381 shores Hawk<br>Salton City<br>8:00am-9:00am   | 14<br>P.S. James O. Jessie<br>Desert Highland<br>480 W. Tram View<br>Palm Springs<br>4:00pm-5:30pm  | 15<br>Palm Desert HS<br>74910 Aztec Rd<br>Palm Desert<br>5:00pm-6:30pm  | 16<br>First AME Church<br>43601 Saguaro<br>Indio<br>7:00am-9:00am   |
| 18<br>Palm Desert DRD<br>43900 San Pablo<br>Palm Desert<br>4:00pm-5:30pm                          | 20<br>Sky Valley<br>20905 Hot Springs Rd.<br>Desert Hot Springs<br>4:00pm-5:30pm                       | 20<br>Desert Mirage HS<br>86150 Ave 66th<br>Thermal<br>4:00pm-5:00pm  | 21  | 22<br>Las Flores Park<br>48400 Van Buren St.<br>Coachella<br>8:00am-9:00am<br>Oasis Elementary<br>88175 74th Ave.<br>Thermal<br>4:00pm-6:00pm       | 23<br>LQ Desert Rec<br>77865 Ave<br>Montezuma<br>La Quinta<br>8:00am-9:00am<br>Mathis Bros<br>81410 Hwy. 111 Indio<br>6:30am-8:30am                                   |
| 25<br>Cabot Yerxa<br>Elementary<br>67076 Desert View Ave<br>Desert Hot Springs<br>10:00am-11:00am | 26<br>North Shore<br>Community Park<br>99480 70th Ave.<br>Mecca<br>4:00pm-5:00pm                       | 27<br>Della Lindley<br>Elementary<br>31495 Robert Rd<br>Thousand Palms<br>4:00pm-5:30pm   | 28<br>Coachella Valley HS<br>83800 Airport Blvd.<br>Thermal<br>9:00am-10:00am<br>P.S. James O. Jessie<br>Desert Highland<br>480 W. tram View<br>Palm Springs<br>4:00pm-5:30pm | 29<br><b>FIND CLOSED IN<br/>OBSERVANCE<br/>OF<br/>GOOD FRIDAY</b>   | 30  |

\*Lines open 1 hour prior to scheduled time of distribution. Please DO NOT arrive earlier. Thank you.

Provide ID to receive Senior Box (CSFP)

\*Las líneas se abren 1 hora antes de la hora programada de distribución. Por favor, NO llegue antes. Gracias. Proporcione una identificación para recibir Senior Box (CSFP)

# IS THIS FOOD EXPIRED?

## UNDERSTANDING DATE LABELS

The dates that food companies put on packages are not regulated and do not mean that the food is unsafe to eat, except in the case of baby formula. Most foods are still tasty and nutritious after the date has passed. **Not sure if food is spoiled? Check for off odor, flavor or texture.**

### “BEST BY” OR “BEST IF USED BY” DATE

This date tells you when the food will have the **best flavor**.  
It is **still safe to eat** past this date.

### “USE BY” OR “EXPIRATION” DATE

This is the last date that the product will be at its **peak quality**.  
It is **still safe to eat** past this date (except for baby formula).

### “PACKING/MANUFACTURING” DATE

This is the used by manufacturers for tracking.  
It is **not an expiration date** – it is not related to food quality or safety.

### “SELL BY” DATE

This tells the store how long to display the product for sale.  
It is **still safe to eat** past this date.

#### **GOOD FOR UP TO ONE YEAR AFTER THE DATE:**

- Packaged food like cereal, pasta, dried beans, and backing beans
- Frozen foods
- Canned goods including soup, condiments, meat, fruit, and vegetables

#### **GOOD FOR UP TO 30 DAYS AFTER THE DATE:**

- Butter
- Frozen foods
- Eggs

#### **GOOD FOR UP TO 7 DAYS AFTER THE DATE:**

- Milk
- Yogurt
- Cream Cheese

# Contact List for Resources and Services

#### **Outreach Supervisor**

Guillermina Cano  
760.835.5173  
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Se Habla Español

#### **Community Health Worker**

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#### **Outreach Associate**

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#### **Outreach Associate**

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#### **Volunteer Program Coordinator**

Yolanda Moreno  
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Se Habla Español

Scan to visit our website  
for more information

