



# FEBRUARY / FEBRERO 2024



MONDAY LUNES	TUESDAY MARTES	WEDNESDAY MIÉRCOLES	THURSDAY JUEVES	FRIDAY VIERNES	SATURDAY SÁBADO
			1 Palm Springs Convention Center 277 N Avenida Caballeros Palm Springs 4:00pm-5:30pm	2 La Quinta DRD SENIORS ONLY 77865 Ave Montezuma La Quinta 8:00am-9:00am	3 Shadow Hills HS 39225 Jefferson Indio 8:00am-10:00am Aqua Caliente 30800 San Luis Rey Cathedral City 9:00am-10:00am
5 Summerfield 83385 Gemini Indio 3:30pm-5:30pm	6 Cooper Mountain 6162 Rotary Way Bell Center Parking Lot Joshua Tree 9:00am-10:00am	7 Horizon High School 43330 Palm Royale Drive, La Quinta 11:00am-12:00pm Mountain View Estates 68990 Harrison St. Thermal 4:00pm-5:00pm	8 P.S. James O. Jessie Desert Highland 480 W. Tram View Palm Springs 4:00pm-5:30pm	9 Cabazon Community Center 50390 Carmen Ave Cabazon 9:30am-10:30am Oasis Elementary 88175 74th Ave Thermal 4:00pm-6:00pm	10 D.A.P. 1695 N. Sunrise P.S. 9:00am-10:00am Anza 58470 CA 371 Anza 9:00am-11:00am
12 Mecca Elementary 65250 Coahilla St Mecca 4:00pm-5:00pm	13 Coachella DRD SENIORS ONLY 51723 Douma St. Coachella 8:00am-9:00am	14 West Shores 2381 shores Hawk Salton City 8:00am-9:00am	15	16 Palm Desert HS 74910 Aztec Rd Palm Desert 5:00pm-6:30pm	17 First AME Church 43601 Saguaro Indio 7:00am-9:00am
19 Palm Desert DRD 43900 San Pablo Palm Desert 4:00pm-5:30pm	20 Sky Valley 20905 Hot Springs Rd. Desert Hot Springs 4:00pm-5:30pm	21 Desert Mirage HS 86150 Ave 66th Thermal 4:00pm-5:00pm	22 Coachella Valley HS 83800 Airport Blvd. Thermal 9:00am-10:00am P.S. James O. Jessie Desert Highland 480 W. tram View Palm Springs 4:00pm-5:30pm	23 Las Flores Park 48400 Van Buren St. Coachella 8:00am-9:00am Oasis Elementary 88175 74th Ave. Thermal 4:00pm-6:00pm	24 LQ Desert Rec 77865 Ave Montezuma La Quinta 8:00am-9:00am Mathis Bros 81410 Hwy. 111 Indio 6:30am-8:30am
26 Cabot Yerxa Elementary 67076 Desert View Ave Desert Hot Springs 10:00am-11:00am	27 North Shore Community Park 99480 70th Ave. Mecca 4:00pm-5:00pm	28 Della Lindley Elementary 31495 Robert Rd Thousand Palms 4:00pm-5:30pm	29		

\*Lines open 1 hour prior to scheduled time of distribution. Please DO NOT arrive earlier. Thank you.

Provide ID to receive Senior Box (CSFP)

\*Las líneas se abren 1 hora antes de la hora programada de distribución. Por favor, NO llegue antes. Gracias. Proporcione una identificación para recibir Senior Box (CSFP)

# IS THIS FOOD EXPIRED?

## UNDERSTANDING DATE LABELS

The dates that food companies put on packages are not regulated and do not mean that the food is unsafe to eat, except in the case of baby formula. Most foods are still tasty and nutritious after the date has passed. **Not sure if food is spoiled? Check for off odor, flavor or texture.**

### “BEST BY” OR “BEST IF USED BY” DATE

This date tells you when the food will have the **best flavor**.  
It is **still safe to eat** past this date.

### “USE BY” OR “EXPIRATION” DATE

This is the last date that the product will be at its **peak quality**.  
It is **still safe to eat** past this date (except for baby formula).

### “PACKING/MANUFACTURING” DATE

This is the used by manufacturers for tracking.  
It is **not an expiration date** – it is not related to food quality or safety.

### “SELL BY” DATE

This tells the store how long to display the product for sale.  
It is **still safe to eat** past this date.

#### **GOOD FOR UP TO ONE YEAR AFTER THE DATE:**

- Packaged food like cereal, pasta, dried beans, and backing beans
- Frozen foods
- Canned goods including soup, condiments, meat, fruit, and vegetables

#### **GOOD FOR UP TO 30 DAYS AFTER THE DATE:**

- Butter
- Frozen foods
- Eggs

#### **GOOD FOR UP TO 7 DAYS AFTER THE DATE:**

- Milk
- Yogurt
- Cream Cheese

# Contact List for Resources and Services

#### **Outreach Supervisor**

Guillermina Cano  
760.835.5173  
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Se Habla Español

#### **Community Health Worker**

Brenda Rojo  
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#### **Outreach Associate**

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#### **Outreach Associate**

Lorena Lua  
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#### **Volunteer Program Coordinator**

Yolanda Moreno  
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Se Habla Español

Scan to visit our website  
for more information

