



## Commodity Supplemental Food Program | FIND Food Bank

CSFP | FIND FOOD BANK | 2021

### What is CSFP?

The CSFP works to improve the health of individuals at least 60 years of age by supplementing their diets with nutritious USDA commodity foods.

Background: CSFP is a United States Department of Agriculture (USDA) funded supplemental food program administered by the California Department of Social Services (CDSS). The program provides administrative funds and USDA commodities to a network of ten food banks to improve the health of seniors in California by supplementing their diets with nutritious foods.



**Who:** Open to seniors aged 60 and older who fall within 130% of Federal Poverty Income Guidelines.

**What they need to register:** Acceptable ID displaying: name, address, D.O.B.

**Open Enrollment:** Accepting applications now.

**What they will receive:** Each month they will receive a box of food valued at \$50.00 (Free).



#### Food package includes:

- Non-Fat dry milk
- UHT milk
- Juice
- Hot or ready to eat cereal
- Rice or Pasta
- Peanut Butter or Dry Beans
- Canned Meat
- Poultry or Fish
- Canned Fruits and Vegetables



## How it works

A brief description of the operation process and necessities.

1. FIND Food Bank will prepackage food.
2. FIND Food Bank will deliver prepackaged food to the program site once per month.
3. Program site will organize and prepare for distribution.
4. Program site will distribute food packages to CSFP participants on same day delivery.
5. Program site will collect participant names and address on sign-in sheet during distribution.
6. Program site will submit participant sign-in sheet by the end of the distribution day.

1. Allotment of approximately 3 hours for distribution.
2. Minimum of 4 volunteers/staff members to assist.
3. Latex gloves for sanitary purposes.



## Responsibilities

### *FIND Food Bank*

- ❖ Enroll eligible participants
- ❖ Pre-package food
- ❖ Schedule and deliver food to distribution site
- ❖ Monitor compliance of program site in the areas of:
  - Food handling
  - Proper Food Storing
  - Distribution procedures
  - Recording requirements
- ❖ Conduct an annual training for:
  - Civil Rights
  - FNS Food Packaging
  - Program Regulations



### *Program Site*

- ❖ Elect a program site coordinator
- ❖ Prepare site for monthly distribution
- ❖ Provide 4 volunteers/staff members to assist
- ❖ Provide latex gloves for sanitary purposes
- ❖ Complete and submit monthly sign-in sheet
- ❖ Complete annual training
- ❖ Maintain compliance



# Become A Program Site

## *How To Become A Program Site*

- 1) Schedule a meeting with FIND Food Bank
- 2) Complete a FIND Food Bank membership application (Free)
- 3) Make a difference in your community

### ***Understanding The Importance:***

- **Food insecurity is a socioeconomic condition where access to food is limited or uncertain. It differs from hunger in that hunger is a physiological feeling.**
- **Hunger takes a severe toll on seniors' health and nutrition - putting them at risk for chronic health conditions like depression, asthma, and diabetes.**
- **In 2019, 5.2 million seniors aged 60+ faced hunger. That's 1 in 14 seniors or 7.1% of all seniors.**



***Let's End Hunger  
TODAY, TOMORROW, AND FOR A LIFETIME  
Feeding eastern Riverside and southern San Bernardino Counties***



Website:  
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